



Lilly Pilly South Early Learning Centre

Extra-Curricular Activities

Here at Lilly Pilly South we offer the following extra curriculum activities on a weekly basis:

Fast Feet Fitness and Modified Sports Program: This is a new program at Lilly Pilly South that offers a variety of sports exercises such as Gymnastics, Basketball, Golf, Tennis, Football (Soccer) and Athletics!

Please visit <http://www.fastfeetfootball.com.au> for more information.

Fast Feet is a childcare centre based, team-sports program for children 2.5 - 6 years. Our high quality, athlete-designed program teaches children the fundamentals of 6 diverse sports on a 3 week rotation in a fun, non-competitive, team-based environment.



Kids In the Garden:

The children will have ongoing fun while experiencing the joy of looking after their very own garden. This program is offered fortnightly for the Preschool children.





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Coffs Coast Kids Club visits once a week



Coffs Coast Kids Club offers a program to give kids the opportunity to develop balance, strength, coordination, fitness and flexibility in a non-competitive environment while having lots of fun!



Coffs Coast Kids Club is run by Carla Marchant - a local Fitness instructor, Yoga instructor, Zumba instructor, Art curator and Mum of two who is passionate about improving the quality of life of the kids in the Coffs Coast community. Carla creates an environment where kids can express themselves creatively, learn to move their bodies, dance, laugh, play and learn.

Lilly Pilly South loves to provide a variety of extracurricular activities that support a holistic approach to cater for each individuals learning style.